



The **Fallsmead Sharks** (Rockville/Potomac area) are seeking an Assistant Head Coach with knowledge of MCSL rules to join our coaching staff for the 2019 swim season. We are looking for an enthusiastic personality with the motivational and interpersonal skills to engage our youngest and oldest kids, the experience to yield positive results from all of our athletes, and a fun personality to enjoy social activities with the team.

We are a small, yet spirited, swim team with approximately 100 swimmers. We are in Division N this year. Our swimmers participate in both A meets on Saturday mornings and B meets on several Wednesday evenings. We offer a competitive salary with performance-based bonus, a chance to earn extra income from swim lessons, and support from our swim families.

Our Assistant Head Coach is expected work in coordination with the Head Coach to provide instruction and motivation to our swimmers, and mentorship to our junior coaches.

Responsibilities include, but are not limited to:

- Working with the Head Coach to plan and implement the workouts sets for each practice for pre-team and main swim-team.
- Providing positive instruction and encouragement to swimmers at morning and afternoon practices (practices begin after labor day and run through the week of the all-star Meets), as well as both A and B meets.
- Assisting in managing a group of junior assistant coaches, to ensure coverage of all the swim groups at each practice.
- Assisting in preparing Meet line-ups for A and B meets using Team Manager Software.
- Attending scheduled events as directed by team representatives, including weekly spirit events, meetings, and pre-season events to greet families and register swimmers.
- Working with Head Coach to select and identify swimmers for awards (including Coach's Award, Unsung Hero, Shark of the Week, Paper Plates, etc.)
- Obtain and maintain current Lifeguarding and CPR certifications

If interested please contact:

Jo Resnick (A-rep): Fallsmeadsharks@gmail.com