



**Montgomery Square Copenhaver Seahawks Swim Team** is currently seeking applicants for an Assistant Head Coach for the 2018 season. The Seahawks will compete in MCSL's Division L and our teams consist of approximately 100 swimmers. We are a small, but enthusiastic, team and have swimmers' with a wide-range of abilities.

**Position Description:** College-age+ swim coach with 3-5+ years previous coaching experience, excellent interpersonal skills, and the ability to help swimmers set and reach their goals. Coach should be able to motivate swimmers of all ages and abilities.

**Essential Duties:**

- Attend all swim practices and meets. Meets are typically held on Wednesday evenings and Saturday mornings and relay carnival will be held on one Sunday morning during the season. Before MCSP schools are out for the summer, practices will be held Monday-Friday in the afternoons. After MCPS schools are out for the summer, practices will be held in the mornings and the afternoons.
- Use the stroke, start, and turn progressions as trained and directed by the head coach.
- Provide in-water instruction and demonstrations when necessary
- Be fully familiar with all MCSL rules and procedures
- Develop the line ups for each meet, with guidance from the head coach, and provide automation entry support
- Track the availability of swimmers for meets
- Help build positive team spirit, unity, and sportsmanship
- Communicate clearly and consistently with team members, coaches, parents, and swim team representatives
- Participate in spirit nights, awards banquet, and other team social events
- Assist in preparations for the team award ceremony, including assisting with trophy organizing and ordering
- Assist in the setting up and cleaning up after home meets
- During both A & B meets, ensure all swimmers are on deck, prepared, lined up by heat and lane for every event, and are sent to their events in a timely manner.

**Certifications:**

The Assistant Coach shall have current lifeguard, CPR/AED and First Aid certification from the American Red Cross, YMCA, or other agency approved by the Montgomery County Health Department.

**If interested, please contact Amy Scofield at [amyscofield@gmail.com](mailto:amyscofield@gmail.com)**

