



## ***North Creek Neptunes***

**The North Creek Neptunes Swim Team is seeking a Head & Assistant Coach for the 2023 summer season.**

**COACH duties include:** 1) Coaching at daily practice sessions, 2) Providing constructive feedback and instruction to swimmers (every swimmer should get some amount of feedback at every session), 3) in-water coaching and demonstration, 4) participating at team social events, 5) Conduct Stroke, Turn, & Start instruction, 6) Monitor sets and practices, 7) Coach all MCSL meets, 8) Be able to run practices and meets independently when necessary, 9) Be able to provide constructive feedback to swimmers on stroke technique in and out of the water. In addition to the MCSL meets, Coaches lead in team spirit activities (Friday evening socials, theme preparation) for all meets.

Preferred candidates will have coaching, instruction, and competitive swim team experience. Should enjoy working with children, be energetic and possess the ability to instruct, motivate and unite swimmers of all ages and abilities. Coaches are expected to demonstrate leadership and sportsmanship, promote team spirit, have a fun disposition, provide constructive encouragement to beginning swimmers in a positive manner, and be motivated to make the summer season a memorable time for our swimmers. Current CPR and Life Saving Certificate required. Pool Operator's License a "plus."

**About Our Team!** The Neptunes swim team has typically had over 150 swimmers and has been in MCSL for over 30 years. For the 2023 season we are continuing to work on rebuilding following smaller enrollment due to COVID. We will compete in MCSL Division L in 2023. We focus on giving our children a fun and memorable summertime experience that also improves swimmer performance through competitions and practices. Our swim program includes a Pre-Team for 8 & Under, a developmental group, and opportunities to compete in both A and B meets according to swimmer ability. Our team web site is <http://www.goneptunes.com> and we run a Facebook page for our 13-18 aged swimmers & parents. We may host a "Long Course" or other extra meet this year, and we can offer an additional month of stroke practices in May and September in a local heated pool (dependent on coach and pool availability).

**Pool Location:** North Creek's main pool is located on 20215 Arrowhead Road, Montgomery Village MD, 20886. It is newly renovated as of 2022. It is a full 100m by 50m competition pool. Some practices may be held at nearby Hurley Park Pool.

**Practice Sessions:** (Tentative - based on pool availability and enrollment)

<b>Memorial Weekend to MCPS School</b>	<b>Tues June 19 – end of season (Monday-Friday)</b>
<b>End:</b>	
Evening: 6:15-8:15	Morning 8:30-11:00 Evening: 6:15-8:15

**Compensation:** We offer a competitive salary. Additional income from private swim lessons is possible.

**Contact:** To apply please submit a resume or letter identifying preferred position (head or assistant coach) prior relevant experience, salary requirements and a list of references to [northcreekneptunes@gmail.com](mailto:northcreekneptunes@gmail.com)