



Rock Creek Fins

8619 Grubb Road, Silver Spring, MD 20907

www.rcfins.com

The Rock Creek Fins Swim Team is seeking a Head Coach for the 2018 summer swim season. The team has approximately 150 swimmers and will be competing in Division G in the Montgomery County Swim League (MCSL). The goal of the team is to provide an opportunity for children ages 5 to 18 to have fun and build self-confidence, teamwork and good sportsmanship through competitive swimming.

Primary Responsibilities and Requirements for the Head Coach:

Experience and competencies:

- Prior experience as a head coach or assistant coach
- Strong leadership and interpersonal skills
- Bring motivation, enthusiasm, positive attitude and team spirit to the team
- Provide constructive feedback, positive instruction and encouragement to all swimmers
- Communicate effectively and tactfully with team reps, parents and swimmers
- Ability to coach swimmers ages 5 to 18 regardless of ability level in all four competitive strokes; ability to break down stroke mechanics and teach basic skills
- Ability to manage, guide, train and evaluate assistant coaches during practices & meets

Requirements:

- Develop swim practices that balance both stroke work and endurance training
- Coach team and pre-team morning and evening practices from Memorial Day to All-Stars
- Coach all swim meets throughout the season from Time Trials through All-Stars
- Attend MCSL and Division meetings as well as MCR-Aquatics pre/post season meetings
- Attend pre-season meetings to greet families and participate in pre-season planning
- Attend other scheduled events and meetings as directed by the team representatives, including weekly spirit events
- Create weekly line-ups for A meets, Relay Carnival, Divisionals
- Lead and manage team at weekly A & B meets, relay carnivals, Coaches Long Course, Divisionals and All Star meets
- Knowledge of all MCSL policies, rules and procedures
- Hy-Tek Meet Manager and Team Manager experience, preferred but not required
- Current Montgomery County pool operator's license, life guarding and CPR certification, preferred but not required

Interested candidates should forward a resume and references to Geoff Plague and Fred Baechli:
teamreps@rcfins.com