

## **MCSL Reps Meeting Agenda July 14, 2016**

**Meeting called to order at EOB at 8:01 pm by Scott Witkin**

**Teams not signed in as present: Bethesda, Chevy Chase Rec, Clarksburg Town Center, Clarksburg Village, Clopper Mill, Country Glen, East Gate, Eldwick, Franklin Knolls, Hallowell, Lakelands, Long Branch, North Creek, Old Georgetown, Palisades, Plantations, Potomac, Potomac Woods, Quail Valley, River Falls, Robin Hood, Tanterra, Wildwood Manor, Woodcliffe, Woodley Gardens**

**Scott Witkin, President, [president@mcsl.org](mailto:president@mcsl.org)**

- Welcomes Team Reps and introduces the proposed 2017 MCSL Calendar. The proposed 2017 Calendar passes unanimously by the Team Reps.
- Introduces the Iona Brown (write up about the award is on the website) and lets Team Reps know they can send nominations to [president@mcsl.org](mailto:president@mcsl.org).

**Kathy Aitken**

- Urges Teams to meet their volunteer obligations for All-Star weekend and reminds about the new Board ability to turn away swimmers from pools/divisions who don't provide enough volunteers. There is a sign up genius on the All-Star tab on the MCSL website.

**Bob Hincke, Automation**

- Covers the timeline and how the scratch process will work for All-Stars. Bob explains exactly how to do scratches on the website to the gathered Team Reps. Lets Reps know that if a swimmer wants to swim a certain stroke, they should scratch the other strokes. Covers the tie breaking process. Advises that swimmers ranked in the 20s are very likely to be in the meet. If you know swimmers will not be at the meet, please scratch them from the meet. The rankings after the scratches will likely be posted on Tuesday, July 26 (Top 16 plus alternates).
- Encourages Team Reps to advise swimmers to print their own program which will be downloadable from the MCSL website.

**Liz Novotny, [awards@mcsl.org](mailto:awards@mcsl.org)**

- We are nearly out of finisher ribbons.
- Reminds Team Reps to give all the ribbons out (6<sup>th</sup> place included).
- The Green Book covers the awards that need to be distributed at Divisional meet.
- It's always a good idea to read through the Green Book prior to a meet and reminds Team Reps to always complete the Meet Cover Sheet (home teams).

**Kathy Aitken, records**

- Passes out new MCSL records to Team Reps.

**Jim Garner, Rules**

- Introduces another proposal for changes in distances of swims for 13/14 and 15-18 age groups. We will vote on this next March.
- Team Reps can submit rules changes before November 1.
- Scott reminds Team Reps that tie back suits are not legal.

**Scott Witkin, President, [president@mcsl.org](mailto:president@mcsl.org)**

- Covers how the swim off works for Divisional seedings
- Thanks the Team Reps for their great work this season.

**NEXT MEETING: February 9, 2017 EOB, Rockville, MD**

*General meeting adjourned at 8:31pm.*

*Minutes submitted by Scott Bogren, Secretary*

Passed 2017 MCSL Calendar

- Time Trials, Saturday, June 10
- Week 1, Saturday, June 17
- Week 2, Saturday, June 24
- Relay Carnival Window, Sunday June 25 through Sunday, July 9 (July 10 ok as raindate)
- Week 3, Saturday, July 1
- Long Course Scratches due, Monday, July 3
- Week 4, Saturday, July 8
- Coaches Long Course, Tuesday, July 11
- Week 5, Saturday, July 15
- Divisionals, Saturday, July 22
- All Star Scratches due, Monday, July 24
- All Star Weekend: July 29-30

**Proposed MCSL Rule Change (from Manor Woods Team Rep and MCSL Board Member, Liz Novatny):**

We propose the following changes in swim events for the summer swim season 2017:

**13-14s – change 50 free to 100 free**

**15-18s – change 100 free to 200 free**

**15-18s – change 50 Fly to 100 Fly**

**15-18s – change 100 IM to 200 IM**

The overall rationale for increasing these event lengths is that as summer swimmers become more skilled as they become older, just like other sports, they are challenged more by increased

distances. Particularly for the 15-18s, these lengths are more in line with what is required to swim at a high school swim meet.

At the current length, 9 year olds are required to swim a 50 free. By the time swimmers are 13, they have been swimming a 50 free for 4 years; their skill level should have increased such that they would be able to swim a 100 free. By the age of 15 (in high school), their endurance and skill level would be such that they can swim a 200 free. Some may argue that this is too long for some non-year round swimmers. However, as I have observed at our high school team which has few year-round swimmers, nearly every swimmer is required to swim the 500 free and to date all of them have completed it successfully. As anyone with a high school swimmer can attest, there are more opportunities to practice at a MCSL pool than for high school swim teams. High school teams only practice 2 times per week whereas summer league pools have practice 5 times per week.

Again the same reasoning that a swimmer has been swimming a 50 fly for 4 years since they were 11, a 15 year old should be swimming a 100 fly. The physical development between an 11 year old and a 15 year old is significant. Again, high school swimmers swim a 100 fly.

We suggest an increase in the IM from 100 to 200 for 15-18 year-olds for similar reasons. It is not unusual for kids much younger than 12 to be swimming a 100 IM. For example, a swim meet we had this year had a 6 year old successfully swim a 100 IM. While he was slow, he finished it legally. Also in high school swimming, the length is 200 IM (yards).

With these changes, the timeline for a regular dual meet would only be increased by about 10 minutes. The timeline for Divisionals would only increase by about 20 minutes.

If these changes are approved it would also not greatly increase the time of Coaches' Long Course since there is only one heat of each event.