

Summer Swim Team Coach

Carderock Springs Cudas - Bethesda, Maryland

The Carderock Springs Swim Club is seeking an experienced and enthusiastic Head Coach to lead our competitive MCSL summer swim team program for swimmers ages 6-18. This seasonal position offers the opportunity to develop young athletes while fostering a positive, team-oriented environment of competition and fun.

Season Duration: Memorial Day weekend through MCSL Championships

Schedule: Monday-Friday practice sessions, morning and evening sessions

Saturday morning A Meets, Wednesday evening B Meets (home and away)

Compensation: Competitive salary commensurate with experience and qualifications

Pool privileges for coach's immediate family

Key Responsibilities

Coaching

- Create practice groups based on ability level and age to maximize individual development
- Plan and conduct daily practice sessions for each training group
- Develop season-long training plans focused on stroke technique, starts, turns, and race strategy
- Coach swimmers during MCSL dual meets, championships, and invitational meets
- Ensure all meet entries are aligned to pool, team and MCSL rules as appropriate

Program Development

- Organize and oversee practices, stroke clinics and specialized training sessions
- Develop beginner swimmers
- Lead team-building activities and support assistant-coach led pep allies and end-of-season celebrations organized by parent volunteers
- Develop and maintain Cuda traditions

Team Leadership

- Supervise and guide team of [2-3] assistant coaches and junior hourly coaches
- Provide regular and concrete feedback to coaches to ensure their alignment with program objectives and their personal growth

Communication & Administration

- Communicate timely with parents about swimmer progress and team activities with Team Reps, from pre-season enrollment through end of season.
- Work pre-season with the team reps to develop the practice schedule and enrollment targets.
- Participate in one -three pre-season informational sessions with parents and athletes
- Coordinate hiring with the Team Reps for Asst and Hourly coaches.
- Onboard and familiarize the coaching staff with processes before the start of the season

- Manage coaching schedules throughout the season, ensuring coverage for all practices and meets.
- Manage team meet entries in Swimtopia
- Coordinate meet entries with other team and league officials
- Manage assistant coaches
- Submit required reports to MCSL and Team Reps

Certifications & Training

- Current American Red Cross Lifeguard certification
- CPR/AED certification (maintain through employment)
- USA Swimming or equivalent coaching certification is a plus

Experience & Skills

- Competitive swimming and coaching experience
- Experience coaching age group swimmers (ages 6-18)
- Ability to manage, guide, train and evaluate assistant and junior coaches
- Familiarity with Montgomery County Swim League rules and procedures preferred
- Ability to work effectively with children, parents, and volunteers

Personal Qualities

- Enthusiasm for developing young swimmers
- Patience and positive attitude when working with children
- Strong leadership and team-building capabilities
- Open to feedback on performance
- Reliable and punctual
- Professional demeanor and excellent references

Interested candidates should submit by January 5th to
carderockspringsswimdive@gmail.com

- ☐ Cover letter detailing your interest and experience
- ☐ Current resume including relevant certifications
- ☐ References from a previous swim team position (2) and any other professional references (1)