

Inverness Recreation Club Swim Team

10820 Deborah Drive, Potomac, MD 20854

www.nessies.org



The Inverness Recreation Club (IRC) Swim Team is seeking an **Assistant Head Coach** for the 2026 summer swim season. The IRC Nessies team has approximately 200 swimmers (including pre-team) and will be competing in MCSL's Division I in 2026. The goal of our team is to provide every swimmer an opportunity to improve skills and achieve success at his or her level of ability, from novice to county record holders. We value good sportsmanship and friendship above competition (although we are competitive). The swim team is organized by parent volunteers, and professional coaches striving to ensure that each swimmer has a memorable summer experience.

The Nessies are looking for an assistant head coach who is excited to work with swimmers of all abilities from age 4 to 18 to improve their skills and have a great time on the team.

Requirements

- Experience as a coach at some level, preferably in MCSL or a similar summer developmental swim league.
- Must have graduated from high school in 2025 or earlier.
- Knowledge of the rules of swimming and significant technical knowledge of the competitive strokes.
- Strong leadership and interpersonal skills with the ability to relate to and coach kids ranging in age from 4 to 18.
- Up-to-date Lifeguard and Adult & Pediatric First Aid/CPR/AED Certifications required.*

Duties and Responsibilities

Under the direction of the Head Coach and in cooperation with the Team Reps, you will:

- Assist with the planning and conducting of all swim team practices including assisting with the supervision of assistant coaches, junior coaches, and coaches-in-training.
- Attend and coach at all swim meets for the 2026 season, unless excused by the Team Reps.

**If your certification is not current or it will expire during the season, you can certify or renew any time before the first swim practice in May 2026.*

- Assure that all team practices, meets, and events proceed in an environment that is positive and safe. All coaches must attend annual MCSL Safe Sport training.
- Provide technical coaching to swimmers of different ages and abilities to help them improve their stroke technique, fitness, and race components (starts and turns). This includes in-water stroke instruction.
- Assist with selection of the lineups for all A and B Meets during the MCSL summer swim season including A and B Dual Meets, A and B Relay Meets, Divisionals and All Star Meets.
- Communicate effectively with the Team Reps, parents, and swimmers regarding requirements and expectations for the team at practices, meets and team events.
- Attend regular team events during the season designed to promote team spirit, unity, and fun

This position announcement provides a general idea of the qualifications and responsibilities associated with the Assistant Head Coach position. Additional duties may be assigned as needed.

Inverness offers a competitive salary with a potential end of season bonus.

Interested candidates should submit their resume, a cover letter highlighting relevant experience and the names of at least two references to arep@nessies.org.