Middlebridge (MB) Marlin Coach responsibilities:

The Middlebridge (MB) Marlins (Division O) are searching for a Head Coach for 2024 summer swim season. We are an established subdivision off of Layhill Road (1 mile from Glenmont Metro). Our team is small (50-75 swimmers) but mighty having been undefeated in 2022 and Division N Champions in 2023.

Coaching duties include:

- Coach/supervise all daily practice sessions (see below)

    - Provide constructive feedback on stroke technique both in and out of water

    - Design, supervise and implement physical workouts (both dryland and in-water) to improve swimmer capabilities and physical fitness

    - Conduct Stroke, Turn and Start instruction

    - Be able to run practices and meets independently when necessary

    - Utilize and supervise Junior Coaches

- Coach all MCSL meets (Include but not limited to 'A', 'B', Relay Carnival, Divisionals, All-Stars)
- Participate at team social events (pep rallies, field trips) when possible
- Adhere to MCSL SafeSport and Code of Conduct guidelines

Practice: Times TBD. In general, afternoon practice begins the day after Memorial Day and morning practice begins when MCPS ends. Practices continue through Divisionals.

Candidate requirements:

- Previous coaching/instruction and/or competitive swimming team experience
- Enjoy working with diverse group of children and parents.
- Possess the ability to instruct, motivate and unite swimmers of all ages and abilities
- Able to demonstrate leadership and sportsmanship, promote team spirit, have a fun disposition, provide constructive encouragement to beginning swimmers in a positive manner
- Ability to navigate Swimtopia software for communication and meet management
- Completion of MCSL required 'Safe Swim' coaching instruction (June MCSL meeting)
- Current CPR and/or Lifesaving certification
- Salary: commensurate to experience

If you are passionate about swimming and developing our young swimmers, please contact Jane Woolard, Team Rep for more information. 240-498-4504 or MiddlelbridgeMarlins@gmail.com