



Making Waves Since 1978

Assistant Swim Team Coach (2025 Season)

The Quail Valley Marlins Swim Team is looking to fill the position of Assistant Coach for the 2025 season. Located in Gaithersburg near Montgomery Village, Quail Valley has an excellent reputation as a strong, competitive team with tons of spirit. We are looking for someone with the experience and dedication to foster all ages of swimmers from 4 to 18 years old. Our team has approximately 90 swimmers and will compete in Division N.

Season Schedule:

- Pre-season afternoon practices begin after Memorial Day 2025
- Full season (morning and afternoon practices) runs from mid-June through late July
- Practices and meets typically held Monday through Saturday

Required Qualifications:

- Proven competitive swimming background
- Previous coaching experience, preferably with MCSL summer swim league
- Current certifications:
 - Lifeguard
 - CPR/AED
 - First Aid
- Familiarity with the meets, rules and procedures of the MCSL
- Ability to teach and improve swimmers' skills for all four strokes, turns, and starts
- Strong leadership, communication and interpersonal skills, organization and management skills, and the ability to work in a positive and supportive manner with children of all ages and ability levels, as well as with their parents and leaders of the club
- Very engaged in the team and with the swimmers to create a fun, rewarding experience for all team members
- Experience with meet management software (SwimTopia preferred)

Essential Responsibilities:

Practice & Meet Management

- Attend all A, B and Mini practices, meets and Time Trials
- Work with the Head Coach to plan and lead all practice sessions (A, B, and Mini teams)
- Work with the Head Coach to develop, generate and post weekly line-ups.
- Work with the Head Coach to lead and manage the team at
 - Weekly A and B meets
 - Time Trials
 - Mini meets
 - Relay Carnival
 - Coaches Long Course
 - Divisionals
 - Relay and Individual All Stars
- Work with the Head Coach and Jr. coaches to plan, implement and refine workouts sets for each practice, meet line-ups, and activities.

Team Leadership & Development

- Demonstrate proper form and technique to swimmers by providing supportive and constructive feedback during practices and meets
- Provide technical coaching to swimmers of different ages and abilities to help them improve their stroke technique, fitness, and race components (starts and turns). This includes in-water stroke instruction.
- Work with the Head Coach to plan, implement and refine workouts sets for each practice, meet line-ups, and activities.
- Foster a positive, inclusive team environment
- Participate in team social events and spirit activities
- Maintain clear communication with swimmers, parents, and board members
- Work with the Head Coach to Mentor and supervise junior coaches
- Work with coaching staff at all practices and meets
- Work with Head Coach to provide information and feedback to parents and team representatives regarding swimmer needs and concerns that may arise.

Administrative Duties

- Attend required MCSL coaching clinics and meetings
- Work with Head Coach on preparing meet-related documentation
- Work with Head Coach on regular communication via email regarding upcoming events
- Meet with QV team board as needed to address team matters
- Work with the Head Coach to coordinate junior coach scheduling and development
- Assist in planning end-of-season awards ceremony
- Attending scheduled events as directed by team representatives, including weekly spirit events, meetings, and pre-season events to greet families and register swimmers.
- Work with the Head Coach to select and identify swimmers for awards

Our Ideal Candidate:

- Demonstrates enthusiasm for developing swimmers of all abilities
- Shows strong organizational and leadership capabilities
- Creates an encouraging and competitive team atmosphere
- Brings fresh ideas while respecting and honoring team traditions

For more information about our team, visit: <https://qvmarlins.swimtopia.com>

Compensation: Competitive salary based on experience and qualifications. Additional performance incentives available.

To Apply: Please send your resume and a cover letter detailing your coaching philosophy and relevant experience to QVMarlinsSwimTeam@gmail.com