

SOMERSET

SWIM TEAM

5545 Warwick Place, Chevy Chase, MD 20815

The Somerset Dolphins Swim Team is seeking a Head Coach for the 2026 summer swim season. The Dolphins compete in the Montgomery County Swim League in Division I. Team eligibility is restricted to residents of the Town of Somerset, ages 6 to 18, so the number of swimmers by age and experience varies year to year. In a typical season, we have 110-130 swimmers and another 20-30 in the Minis Learn to Swim program. The main goal of the team is to bring young people (and their parents) in our community together so they can get to know one another and have lots of fun while learning and experiencing the sport of competitive swimming.

Responsibilities:

- Attend MCSL and Division meetings and trainings as well as Dolphins pre/post season meetings
- Oversee and run practices beginning Tuesday, May 26 – Friday, July 24:
 - Afternoons: Mon – Fri (4:30pm – 6:30pm) through Friday, July 17 (except during B meets);
 - Mornings: Mon – Fri (8:30am – 10am) & Afternoons (Mon/Tues/Thu/Fri only) beginning Thursday, June 18 (or the day after MCPS ends);
 - Practice the week of July 20 will be Mornings Only and just for swimmers participating in All-Stars.
- Provide constructive feedback and instruction to all swimmers, with a special focus on swimmers learning to swim a legal stroke (especially in breast and fly for our 8 & Unders);
- Create line-ups for all MCSL-sanctioned swim events;
- Coach Time Trials, all A and B Meets, and other MCSL events:
 - Time Trials: morning of 6/6
 - A Meets: Saturday mornings from 6/13 – 7/18 (Divisionals)
 - B Meets: Wednesday early evenings from 6/10 – 7/15
 - Relay Carnival: TBD
 - Coaches' Long Course: 7/7 (only if any Somerset swimmers qualify)
 - Relay & Individual All-Stars: 7/25 & 7/26
- Lead, manage, and mentor a team of Assistant Coaches and Junior Coaches;
- Attend parent information session;
- Attend social events for the team and be a role model for building team spirit;
- Attend the season-end banquet (evening of 7/18) and assist with development of the program and awards;
- Adhere to all MCSL policies, rules and procedures;
- Learn and be able to utilize Team Unify and Hy-Tek Meet Manager.
- Draft and communicate to the team post-meet writeups

Qualifications:

- A college graduate with a competitive swimming background – ideally with experience in summer league (MCSL or comparable);
- Experience coaching swimmers, ideally as a head coach;
- Strong leadership and interpersonal skills;
- Ability to communicate effectively with team reps, parents, and swimmers;
- Ability to manage, guide, train and evaluate assistant coaches and junior coaches during practices

& meets;

- Ability to teach and coach swimmers from 6 – 18 regardless of ability level in all 4 competitive strokes;
- Able to adapt teaching/coaching/communications style to meet the needs of an individual swimmer;
- Able to break down stroke mechanics and teach basic skills;
- Able to develop swim practices that balance both stroke work and endurance training;
- Motivated, enthusiastic, with a positive attitude that enhances the fun side of competitive swimming. We are a small, neighborhood team where the emphasis is on learning, community building and having a great summer.
- Lifeguarding/CPR certification, preferred, not required.

Interested candidates can apply by sending a resume, cover letter, and references to Matt Zaft at MZaft@yahoo.com.