



**MONTGOMERY COUNTY
SWIM LEAGUE**

CHAMPIONSHIP SERIES

2026 All Stars Relays II
Rockville Swim and Fitness Center

July 25, 2026

Event 1 Boys 14&U 175 M Freestyle Relay Graduated

MCSL Relays: 1:41.06 7/10/2011 RV

Ln	Team	Seed Time
1	Twinbrook	2:00.94
2	Somerset	1:54.94
3	Inverness Recreation Club	1:50.31
4	Fallsmead	1:49.38
5	King Farm	1:49.45
6	Willows of Potomac	1:54.50
7	Potomac Glen	1:58.97
8	Poplar Run	2:03.25

Alternates

1	Carderock Springs	1:56.83
2	North Creek	1:57.58

Event 2 Girls 14&U 175 M Freestyle Relay Graduated

MCSL Relays: 1:45.02 7/26/2025 SG

Ln	Team	Seed Time
1	Norbeck Grove	2:05.12
2	Poplar Run	1:59.00
3	Poolesville	1:56.94
4	Kenmont	1:54.99
5	Waters Landing	1:56.44
6	Potomac Glen	1:57.21
7	Lakelands	2:01.68
8	Twinbrook	2:21.78

Alternates

1	West Hillandale	1:58.09
2	Arora Hills	1:59.12

**Event 3 Mixed 15-18 200 M Freestyle Relay**

MCSL Relays: 1:42.81 7/27/2019 QO

Ln	Team	Seed Time
1	Waters Landing	1:57.50
2	Diamond Farm	1:56.84
3	Kenmont	1:53.53
4	Quince Orchard	1:46.65
5	Glenmont	1:51.19
6	Norbeck Grove	1:55.09
7	Lake Marion	1:57.10
8	Eldwick	2:03.03

Alternates

1	Poolesville	1:55.22
2	North Creek	1:57.27

**Event 4 Mixed 13-14 200 M Freestyle Relay**

MCSL Relays: 1:46.18 7/28/2018 SG

Ln	Team	Seed Time
1	Fallsmead	2:08.93
2	Poplar Run	2:05.47
3	Somerset	1:58.53
4	Arora Hills	1:58.10
5	Quince Orchard	1:58.22
6	Rockshire	2:02.20
7	Twin Farms	2:07.59
8	Twinbrook	2:13.69

Alternates

1	Kenmont	2:02.56
2	Potomac Glen	2:03.25

Event 5 Mixed 8&U 100 M Freestyle Relay

MCSL Relays: 1:06.90 7/26/2025 SG

Ln	Team	Seed Time
1	Willows of Potomac	1:32.13
2	Clopper Mill Kingsview	1:31.68
3	Glenmont	1:30.51
4	Fallsmead	1:28.57
5	Hillandale	1:30.22
6	Poplar Run	1:30.59
7	Inverness Recreation Club	1:31.72
8	Twinbrook	1:42.66

Alternates

1	Rockshire	1:31.03
2	Washingtonian Woods	1:31.75

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Event 6 Mixed 9-10 200 M Freestyle Relay

MCSL Relays: 2:08.59 7/25/2015 SG

Ln	Team	Seed Time
1	Fallsmead	2:48.39
2	New Mark Commons	2:36.66
3	Inverness Recreation Club	2:29.31
4	King Farm	2:25.00
5	Potomac Glen	2:25.13
6	Kenmont	2:30.87
7	Poplar Run	2:39.46
8	Middlebridge	2:50.40

Alternates

1	Carderock Springs	2:36.39
2	Montgomery Square	2:41.69

Event 7 Mixed 11-12 200 M Freestyle Relay

MCSL Relays: 1:53.08 7/29/2017 SG

Ln	Team	Seed Time
1	Eldwick	2:25.43
2	Arora Hills	2:17.81
3	Willows of Potomac	2:13.59
4	Washingtonian Woods	2:05.27
5	West Hillandale	2:10.44
6	Twin Farms	2:13.64
7	James Creek	2:19.19
8	Poplar Run	2:28.64

Alternates

1	Carderock Springs	2:15.76
2	Inverness Recreation Club	2:18.06



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Event 8 Boys Open 200 M Medley Relay

MCSL Relays: 1:43.47 7/20/2024 CG

Ln	Team	Seed Time
1	Upper County	2:10.00
2	Arora Hills	1:58.38
3	Somerset	1:56.41
4	Quince Orchard	1:53.66
5	Glenmont	1:55.41
6	North Creek	1:56.99
7	Norbeck Grove	1:59.87
8	Ashton	2:17.41

Alternates

1	Carderock Springs	2:00.28
2	Lake Marion	2:01.97

Event 9 Girls Open 200 M Medley Relay

MCSL Relays: 1:59.12 7/19/2025 WM

Ln	Team	Seed Time
1	New Mark Commons	2:17.72
2	Diamond Farm	2:16.06
3	Poplar Run	2:13.63
4	Quince Orchard	2:09.62
5	Long Branch	2:11.00
6	Glenmont	2:15.13
7	Waters Landing	2:16.22
8	Twinbrook	2:33.97

Alternates

1	Poolesville	2:17.56
2	Clopper Mill Kingsview	2:18.59



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Event 10 Boys 14&U 100 M Medley Relay Graduated

MCSL Relays: 1:01.86 7/31/2010 RV

Ln	Team	Seed Time
1	Twinbrook	1:19.19
2	Somerset	1:16.37
3	Fallsmead	1:12.95
4	Inverness Recreation Club	1:11.22
5	King Farm	1:12.37
6	Glenmont	1:15.87
7	North Creek	1:17.47
8	Ashton	1:25.02

Alternates

1	Potomac Glen	1:17.95
2	Clopper Mill Kingsview	1:18.62

Event 11 Girls 14&U 100 M Medley Relay Graduated

MCSL Relays: 1:03.69 7/26/2025 SG

Ln	Team	Seed Time
1	Hillandale	1:20.38
2	Lakelands	1:19.63
3	Poolesville	1:16.45
4	Potomac Glen	1:14.06
5	Kenmont	1:14.47
6	King Farm	1:18.43
7	Poplar Run	1:20.03
8	Eldwick	1:26.40

Alternates

1	Washingtonian Woods	1:17.37
2	West Hillandale	1:17.77

Event 12 Boys 8&U 100 M Medley Relay

MCSL Relays: 1:15.64 7/3/2026 SG

Ln Team

		Seed Time
1	James Creek	2:06.09
2	Poplar Run	1:47.53
3	King Farm	1:45.16
4	Clopper Mill Kingsview	1:41.04
5	Inverness Recreation Club	1:43.90
6	Glenmont	1:46.47
7	Potomac Glen	1:48.69
8	Lake Marion	2:21.69

Alternates

1	Somerset	1:57.72
2	Rockshire	2:05.26

Event 13 Girls 8&U 100 M Medley Relay

MCSL Relays: 1:19.37 7/26/2025 RE

Ln Team

		Seed Time
1	Norbeck Grove	2:06.50
2	Waters Landing	2:00.73
3	Rockshire	1:50.25
4	Poolesville	1:47.36
5	Ashton	1:48.03
6	Poplar Run	1:51.90
7	Willows of Potomac	2:05.50
8	Eldwick	2:37.53

Alternates

1	Potomac Glen	1:56.84
2	West Hillandale	2:00.03

Event 14 Boys 9-10 100 M Medley Relay

MCSL Relays: 1:07.41 7/30/2016 CG

Ln Team

		Seed Time
1	Ashton	1:34.50
2	Willows of Potomac	1:28.59
3	Potomac Glen	1:19.46
4	Carderock Springs	1:14.97
5	King Farm	1:19.06
6	Somerset	1:20.28
7	Twinbrook	1:29.91
8	Quail Valley	1:40.25

Alternates

1	Inverness Recreation Club	1:25.82
2	Montgomery Square	1:27.71

Event 15 Girls 9-10 100 M Medley Relay

MCSL Relays: 1:06.40 7/25/2015 SG

Ln Team

		Seed Time
1	James Creek	1:31.19
2	Poplar Run	1:28.84
3	West Hillandale	1:22.72
4	Long Branch	1:19.99
5	Washingtonian Woods	1:22.69
6	Kenmont	1:26.84
7	Lakelands	1:29.31
8	Eldwick	1:41.16

Alternates

1	Waters Landing	1:28.22
2	Inverness Recreation Club	1:29.19



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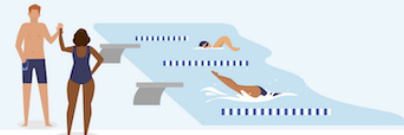
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Event 16 Mixed 15-18 200 M Medley Relay

MCSL Relays: 1:50.65 7/29/2023 SB

Ln	Team	Seed Time
1	Diamond Farm	2:15.37
2	Lake Marion	2:09.03
3	Kenmont	2:08.47
4	Quince Orchard	2:02.45
5	Glenmont	2:02.56
6	Norbeck Grove	2:08.84
7	Long Branch	2:13.72
8	Eldwick	2:18.84
Alternates		
1	Poolesville	2:08.84
2	Somerset	2:09.28

Event 17 Boys 11-12 200 M Medley Relay

MCSL Relays: 2:08.33 7/25/2015 TH

Ln	Team	Seed Time
1	Lake Marion	2:52.15
2	Inverness Recreation Club	2:50.06
3	Rockshire	2:40.31
4	Washingtonian Woods	2:18.57
5	Arora Hills	2:39.56
6	West Hillandale	2:43.58
7	Twinbrook	2:51.59
8	Hillandale	2:54.75
Alternates		
1	Montgomery Square	2:53.50
2	King Farm	2:56.81

Event 18 Girls 11-12 200 M Medley Relay

MCSL Relays: 2:09.46 7/26/2025 RV

Ln	Team	Seed Time
1	Quail Valley	3:05.61
2	Waters Landing	2:48.82
3	Quince Orchard	2:34.37
4	Washingtonian Woods	2:25.77
5	West Hillandale	2:31.66
6	Lake Marion	2:37.14
7	Eldwick	3:05.59
8	Ashton	3:13.85

Alternates

1	Glenmont	2:48.39
2	Clopper Mill Kingsview	2:51.41

Event 19 Boys 13-14 200 M Medley Relay

MCSL Relays: 1:55.07 7/27/2013 UC

Ln	Team	Seed Time
1	Twinbrook	2:29.41
2	Quince Orchard	2:16.00
3	Potomac Glen	2:14.25
4	Montgomery Square	2:08.77
5	North Creek	2:12.53
6	Glenmont	2:14.97
7	Arora Hills	2:16.08
8	Diamond Farm	2:35.22

Alternates

1	Somerset	2:16.56
2	Inverness Recreation Club	2:17.50



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**Event 20 Girls 13-14 200 M Medley Relay**

MCSL Relays: 2:05.47 7/3/2026 RV

Ln	Team	Seed Time
1	New Mark Commons	2:35.63
2	Poolesville	2:29.13
3	Kenmont	2:23.14
4	Somerset	2:19.09
5	Waters Landing	2:19.99
6	Plantations	2:28.22
7	Poplar Run	2:29.21
8	Twinbrook	2:53.62

Alternates

1	Arora Hills	2:30.44
2	Long Branch	2:33.26



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Event 21 Boys 18&U 250 M Freestyle Relay Crescendo

MCSL Relays: 2:14.69 8/1/2009 TW

Ln	Team	Seed Time
1	Glenmont	2:38.31
2	North Creek	2:37.13
3	King Farm	2:35.96
4	Inverness Recreation Club	2:33.35
5	Fallsmead	2:34.01
6	Willows of Potomac	2:36.15
7	Quince Orchard	2:37.76
8	Twinbrook	2:47.35

Alternates

1	Twin Farms	2:39.09
2	Carderock Springs	2:40.47

Event 22 Girls 18&U 250 M Freestyle Relay Crescendo

MCSL Relays: 2:26.79 7/27/2019 TH

Ln Team**Seed Time**

1	Waters Landing	2:54.59
2	Norbeck Grove	2:50.31
3	West Hillandale	2:48.56
4	Poolesville	2:43.71
5	Kenmont	2:48.31
6	Washingtonian Woods	2:48.78
7	New Mark Commons	2:53.69
8	Twinbrook	3:09.95

Alternates

1	Fallsmead	2:52.96
2	Potomac Glen	2:54.40

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